

What Should I Do?

Should I go to the emergency room?

Maybe I should go to the walk-in clinic instead.

I could try to call my doctor.

Or should I stay home and treat this myself?



When you have a health concern, you want answers fast. Our experienced team of registered nurses can provide you with medical information and support, 24 hours a day, 7 days a week. To learn more, please visit your health plan's Web site.

It's free and it's completely confidential!
Call us today at 1-877-950-5083.
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